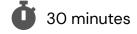




Beef Rissoles

with Crispy Potato Discs and Apple Chutney

Golden potato rounds roasted with thyme and served with beef rissoles, fresh salad and homemade spiced apple chutney.





2 servings



Save the recipe!

This chutney is delicious on pies, in sandwiches or served with roast vegetables. You can save the recipe so you can make it again!

FROM YOUR BOX

MEDIUM POTATOES	3
SHALLOT	1
ТОМАТО	1
RED APPLE	1
MUSTARD	1 jar
BEEF RISSOLES	300g
AVOCADO	1
BABY COS LETTUCE	1

FROM YOUR PANTRY

oil for cooking, salt, pepper, soy sauce, ground cumin, dried thyme

KEY UTENSILS

large frypan or griddle pan, small saucepan, oven tray

NOTES

The oven temperature is set to 250°C to quickly crisp the potatoes. You can choose to set the temperature at 220°C and cook the potatoes for longer if preferred.

You can dress the salad with a pre-made dressing of choice if preferred. To make a quick vinaigrette, whisk together 1/2 tbsp vinegar of choice with 1 tbsp olive oil.



1. ROAST THE POTATOES

Set oven to 250°C (see notes).

Thinly slice potatoes (roughly 1/2cm thick). Toss on a lined oven tray with 1 tsp thyme, oil, salt and pepper. Roast in oven for 15-20 minutes until crispy and cooked through.



2. MAKE THE APPLE CHUTNEY

Heat a small saucepan over medium heat with 1 tbsp oil. Dice shallot, tomato and apple. Add to pan along with mustard, 1 tbsp soy sauce and 2 tsp cumin. Simmer for 20 minutes, then remove from heat.



3. COOK THE RISSOLES

Heat a frypan or griddle pan over mediumhigh heat. Re-shape rissoles (if needed), coat with oil, salt and pepper. Cook in pan for 5-6 minutes each side or until cooked through.



4. PREPARE THE SALAD

Dice avocado and chop lettuce. Toss together in a salad bowl (see notes).



5. FINISH AND SERVE

Divide potatoes, rissoles and salad among plates. Serve with chutney.



